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Lesson Reflection 1-ELE 101

Dr. Mason

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Lesson Reflection 1—Obwisana

**Objective**

The objective of this activity is to perform, hear, and feel a steady beat while using a rock after the activity “Obwisana”.

**Age Appropriate Grade**

Kindergarten

**National Core Standards for Music**

MU:Cr1.1.Ka With guidance, explore and experience music concepts (such as beat and melodic contour).

**Step-by-Step Process**

1. The students joined the teacher at the mat.
2. The teacher and the class formed a circle while standing.
3. They sat down while remaining in a circle.
4. The teacher sang Obwisana a couple times and asked what country it came from.
5. The students guessed Africa and then discovered it came from West Africa.
6. The teacher sang Obwisana again and asked how many parts were to the song.
7. The class guessed.
8. The teacher sang Obwisana again and sat up straight when the notes went up and hunched over when the notes went down to show the class that there were two parts to the song.
9. She had the class pass a bag of rocks around and each student took one.
10. She began singing Obwisana again and asked the students to pick up the rock with their right and move it to the right.
11. The students could hear the steady beat by hearing the rocks hit the ground and pass to the right. They could perform the steady beat by passing the rocks and they could feel the steady beat while doing so.

**Connect to Content Area**

This activity can be connected to social studies because the song used was from West Africa. In order to make the connection, there could be a map in the classroom to show the students where Africa is located.

**Resources/Lyrics**

Obwisana sa na na

Obwisana sa

Obwisana sa na na

Obwisana sa

Repeat

<http://www.mamalisa.com/?t=es&p=1254>

<http://www.nafme.org/wp-content/files/2014/11/2014-Music-Standards-PK-8-Strand.pdf>